



East Invicta Amateur Swimming Association

Affiliated to ASA South East Region - Kent County A.S.A.
and R.L.S.S. (Kent Branch)

Visit the Web Site at: www.eastinvicta.co.uk

Annual Championships

COMPETITION RULES AND MEET INFORMATION

1. General Information

- a) The meet will be held at Dover Leisure Centre and swum under SWIM ENGLAND Laws and Technical Rules and will be licensed at Level 2 by Swim England for entry into County Championships, Regional and short course National Championships.
- b) The pool is 25 metres long with 8 lanes, anti-wave lane ropes, electronic timing and a digital scoreboard display. Results will be available via the East Invicta website at the end of the meet. There will also be a live link to the results via the Association website.

- c) The following age group events will be promoted for both Open/Male and Female:

9/10yrs, 11/12yrs, 13/14yrs, 15yrs +

INDIVIDUAL EVENTS:

50m	Butterfly – Breaststroke – Backstroke & Freestyle.	(Finals)
100m	Butterfly – Breaststroke – Backstroke & Freestyle.	(HDW)
200m	Butterfly – Breaststroke – Backstroke & Freestyle	(HDW)
400m	Freestyle / Individual Medley (not 9yrs)	(HDW)
100m	Individual Medley 200m Individual Medley	(HDW)
800m	Freestyle (not 9/10yrs)	(HDW)
1500m	Freestyle (not 9/10yrs)	(HDW)

TEAM EVENTS:

9/10yrs, 11/12yrs, 13/14yrs, Junior	4 x 50m Freestyle & Medley Relays.
Open Age Group	4 x 100m mixed Freestyle and Medley relays (2 x male/open swimmers and 2 Female swimmers who may swim in any order)

- d) All events will be HDW except for 50m events which will have finals. HDW and the heats of the 50m events, will be swum as combined age groups and seeded slowest to fastest irrespective of age. The fastest three heats will be spearheaded.
- e) Age of swimmer will be as at the final day of competition. A "Junior" shall be under 17 as at the final day of competition.
- f) Entry is open to members of clubs that are affiliated to the East Invicta Swimming Association as set out in Section B of the Association constitution and Bye Laws. Swimmers from other clubs may not enter.
- g) The female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition policy. By entering the Female category, a swimmer confirms their birth sex is female.
- h) For team events Clubs should complete the appropriate form for each team listing names, dates of birth and SWIM ENGLAND Registration for each swimmer. The team may list a maximum of 5 swimmers, 4 of whom will compete in each event. Teams are fully interchangeable from within these 5 swimmers between heats and finals. Swimmers cannot be listed or compete for more than one team in any one event.
- i) Clubs may enter two relay teams per event. A third team may be entered but will not be eligible for points.
- j) "Over the top" starts will be used in the heats at the discretion of the referee.
- k) Coaches must withdraw any swimmers not present or who no longer wish to take part at the relevant desk **no later than the beginning of warm up for each session** and for events in that session only.
- l) Entry times must have been achieved in the year in which the Championships take place and must be verifiable on the National Rankings database. Long course times converted to short course can be used.

- m) Entry times will not be amended if swimmers achieve faster times after entries have been submitted.
- n) There are no qualifying times for the 800m and 1500m events. To enter swimmers must have a time that is verifiable on the rankings database. The fastest entries will be accepted for 5 heats of 800m and 3 heats of 1500m. This will be done proportionately across all age groups giving equal weighting to male/open & females.
- o) Time trials will not be accepted other than for the 800m and 1500m events. Swimmers with times on rankings should enter normally and will not be eligible to do a time trial. For these two events only, clubs should manually enter by e-mail, swimmers who do not have times that are supported by rankings. The following information should be submitted:

Club	
Name registered with Swim England	
DOB	
Entry Time	

These entries must have times ratified by the club coach – **entries will not be accepted from swimmers with no times**. Clubs will be advised when entries have been processed how many time trials have been accepted. If required there will be a ballot to determine the swimmers who can compete in the available lanes.

- p) Entry Fee: £5.50 per event for individual events. £9.00 for relays.
- q) **Clubs must enter electronically using the SportSystems data file provided and this should be sent by e-mail to:**

lynngates@live.co.uk

A summary of all entries should be sent by e-mail with the entry file.

Do not make any payment until requested to do so. Clubs will be invoiced and requested to pay by BACS to:

NatWest Folkestone branch	Sort code:	52-41-42
	Ac No:	15715167

- r) **Electronic entries must be received by Friday October 3rd, 2025.** Coach declaration and summary of entries should be sent by e-mail by this date also.
- s) The promoter may have to restrict entries in order to ensure the competition runs within the timetable guidelines set out by Swim England. In this event the slowest swimmers will be rejected. As far as practicable this will be in even proportions across all age groups.
- t) A list of accepted entries will be posted on the Association website as soon as practicable after the closing date for the Championships.
- u) Coaches' passes will not be issued. Clubs are expected to provide sufficient poolside staff to manage their swimmers on poolside and comply with Swim England Team manager, Coach and Chaperone Policy, (SE1048 -16/05/23) which can be found by following this link:

<https://www.swimming.org/swimengland/swim-england-relases-supervision-ratios-policy/>

Coaches and TMs must wear club-branded kit, so they are clearly identifiable. A declaration of coach and helper names is required to be submitted with the entries.

2. Awards

- a) Awards will be made to the fastest 6 in each age group (as defined in 1(a)) for HDW events and to all 8 finalists for events that have finals. Swimmers who are disqualified will not receive an award.
- b) Awards will be made to the top 3 relay teams in each event.
- c) There will be no presentations for HDW events. Awards to the top 6 swimmers in HDW events will be available for collection from the table as soon as the announcement of the result has been made.

- d) Awards for events in which finals have been swum will be presented at the end of each session.
- e) Swimmer of the Year
 There will be an award for the top three swimmers overall in each age group namely, 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs & 15yrs and over. This will be determined by Bagpoints, or their age group-corrected equivalent on the following basis:
- (i) Best 50m
 - (ii) Best 100m
 - (iii) Best 200m Form stroke (back, breast, fly)
 - (iv) Best freestyle from 200m, 400m, 800m or 1500m.
 - (v) Best Individual Medley from 100m, 200m or 400m.
(9 & 10 year swimmers will not take part in some of these events so will count only those for which they are permitted to enter)
- These will be presented during the final session when the relays are swum.

- f) Top Club
 Points are awarded to clubs for an Open/Male trophy and a Female trophy as follows:

1st place - 6 points 2nd place - 5 points 3rd place – 4 points
 4th place - 3 points 5th place - 2 points 6th place – 1 point

3. Supplementary Para Conditions

- a) These championships shall be run with multi classification para swimming inclusive events.
- b) The minimum age for entry will be 11 years as of 31 December 2025.
- c) All para swimmers must have an authorised IPC Swimming, British Swimming, INAS-FID or British Blind Sport classification, which is held on the British Swimming or IPC Swimming classification database at the time of entry.
- d) There will be no qualifying standard for para swimming competitors, but times entered must have been since 1st January 2025 and recorded on Swim England Rankings – submitted times should be short course
- e) Para swimmers will be entered manually by the East Invicta Entry Secretary. Their details should be entered on the separate sheet and enclosed with the entry summary.
- f) The following events will be offered:

Event	Eligible Classifications
50m Freestyle	S1 - S14
100m Freestyle	S1 - S14
200m Freestyle	S1 - S14
400m Freestyle	S6 - S14
50m Backstroke	S1 - S5
100m Backstroke	S1, S2, S6-S14
50m Breaststroke	SB1 - SB3
100m Breaststroke	SB4-SB9, SB11 - SB14
50m Butterfly	S1 - S7
100m Butterfly	S8 - S14
200m Individual Medley	SM5 - SM14

- g) A Para Swimming competitor who qualifies for a final may swim in that final. There will be no finals for Para Swimmers swimming in multi classification events. There will be no separate heats for Para swimmers, entrants being seeded by time to compete with able bodied swimmers. All Para events will be heat declared and final positions based on the relevant BD points.

4. Photography

Swim England do not require persons wishing to film during the event to register their names, however anyone wishing to carry out video, zoom or close-range photography is required to do so in accordance with the guidelines which can be found in Wavepower. These conditions also apply to swimmers on poolside. It is a condition of entry to this competition that all competitors consent to photography, performed in accordance with these guidelines.

5. Mobile Phones

Their use at the event is as outlined in Wave Power. This has further restricted all mobile use and other devices and now specifically prohibits the use of mobile phones in the changing area. This means:

- No Taking photos or videos
- No texting
- No making or receiving phone calls.
- No browsing the internet
- No browsing or posting on social media.

6. Results

These will be posted on the wall in the corridor between the main reception area and the balcony. They will also be available on the web site as soon as practicable after the event. There may be live results running during the gala via a link on the East Invicta website.

7. Data Protection

Your privacy is important to us. The reason we need your data is to be able to administer your competition entry. We will publish your Personal Information as part of the results of the competition and will pass such information to the governing body or any affiliated organisation for the purpose of licenses or for publishing results either for the event alone or combined with or compared to other events. Results may include (but not be limited to) name, any club affiliation, race times, and age category. All data files and paper entries containing your personal information in relation to the gala held by East Invicta will be deleted or securely shredded within 30 days of the last day of the gala. Results from this gala will be posted on the EI website and sent to Swim England to post in the National rankings.

By submitting their entry swimmers and their parents accept these conditions in full. Clubs will be advised by e-mail as soon as practicable after the closing date the names of accepted swimmers. A full list of accepted entries will also be posted on the East Invicta Website. If refunds are required, these will be made available on the weekend of competition via the club from which the entry was received.

Scott Walker

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